

December 11, 2011

Happy Holidays!

On behalf of the entire Gold Medal Gymnastics family, I thank you for registering for the 2012 Arizona Grand Invitational. We can't wait

for everyone to arrive. We are working hard to make this one of the best meets you attend this season!



To follow is the Session Summary for the 2012 Arizona Grand Invitational. We are FULL so switching levels or swapping gymnasts will be based upon availability. Remember, the scratch deadline is December 15<sup>th</sup>. After that date, there are no refunds.

We have a weekend packed full of gymnastics, fun and special events. We hope you and your team will be able to take advantage of each and everything we have planned. In the coming weeks, we will forward a complete meet package to you so your families will have a map of the property and an itinerary of all the weekend's events!

Coaches Note: We will be running an A and B side for all sessions. Coaches should plan on being split in to multiple squads if you have a larger team or are in a session that has multiple levels. Rotation schedules will be available for each session when you arrive to the meet. If you have a conflict being split in to multiple groups, please contact our club right away.

For questions or to submit scratches, please email us at [chandler@goldmedalgym.com](mailto:chandler@goldmedalgym.com). Then keep watching our website at [www.AZGrandInvitational.com](http://www.AZGrandInvitational.com) for updates and information. Updated session schedules will be posted online up until meet weekend.

Have a safe and happy holiday...we will see you in January!

*Amanda Borden*

Amanda Borden-Cochran : Meet Director  
Owner, Gold Medal Gymnastics

## 2012 Arizona Grand Invitational : Session Summary

Friday, January 13, 2012

### Session 1 : Level 8

Open Warm-up: 8:00 a.m.      March In: 8:30 a.m.  
Timed Warm-up: 8:35 a.m.      Awards: 11:45 a.m.

Participating Clubs:      Level 8:      AZ Sunrays (AZ), Chantilly (VA), Desert Devils (AZ),  
Gold Medal Gym (AZ), PGA (AZ), SCEGA (CA),  
Seawind (CA), Southwest (AZ), Tumbleweeds (AZ)

### Session 2 : Level 8/9

Open Warm-up: 12:00 p.m.      March In: 12:30 p.m.  
Timed Warm-up: 12:35 p.m.      Awards: 3:45 p.m.

Participating Clubs:      Level 8:      Edge (MO), Flames (AZ), Gleason MG (MN),  
Gym World NW (AZ), Planet (MS)

Level 9:      AZ Sunrays (AZ), Aftershock (CA), Am Twisters (FL),  
Apollo (VA), Arrowhead (AZ), Aspire (AZ), Chantilly (VA),  
Desert Devils (AZ), Gold Medal Gym (AZ), Huntley (IL),  
Planet (MS), Precision (NM), SCEGA (CA), Seawind (CA),  
Springs (AZ), TAGS EP (MN), Tumbleweeds (AZ)

### Session 3 : Level 9/10

Open Warm-up: 4:00 p.m.      March In: 4:30 p.m.  
Timed Warm-up: 4:35 p.m.      Awards: 7:45 p.m.

Participating Clubs:      Level 9:      Columbia (MD), Edge (MO), Flames (AZ), Flip City (AZ),  
Gleason MG (MN), PGA (AZ), TRC Gym (CA)

Level 10:      AZ Sunrays (AZ), Am Twisters (FL), Apollo (VA),  
Chantilly (VA), Columbia (MD), Edge (MO), Flames (AZ),  
Flip City (AZ), Gleason MG (MN), Oasis (AZ), PGA (AZ),  
Precision (NM), SCEGA (CA), Seawind (CA),  
TAGS EP (MN), Tumbleweeds (AZ)

### AZ Grand Pool Party

7:00 – 10:00 p.m.      Open to all registered gymnasts, coaches and  
their families.

Located at the Oasis Waterpark on property of  
the Arizona Grand Resort.

More information coming soon!

## Saturday, January 14, 2012

### Session 4 : Level 7/8

Open Warm-up: 8:00 a.m.      March In: 8:30 a.m.  
Timed Warm-up: 8:35 a.m.      Awards: 11:45 a.m.

#### Participating Clubs:

Level 7: AZ Olympians (AZ), Arrowhead (AZ), Flames (AZ), Gleason MG (MN), Huntley (IL), Planet (MS)  
Level 8: AZ Olympians (AZ), Arrowhead (AZ), Aspire (AZ), Columbia (MD), Desert Thunder (AZ), Huntley (IL), Oasis (AZ), Precision (NM), Springs (AZ), TRC Gym (CA)

### Session 5 : Level 7

Open Warm-up: 11:45 a.m.      March In: 12:15 p.m.  
Timed Warm-up: 12:20 p.m.      Awards: 3:30 p.m.

#### Participating Clubs:

Level 7: AZ Sunrays (AZ), Chantilly (VA), Edge (MO), Gold Medal Gym (AZ), PGA (AZ), Precision (NM), SCEGA (CA), Scottsdale (AZ), Seawind (CA), TRC Gym (CA), Tumbleweeds (AZ)

### Session 6 : Level 7/Xcel

Open Warm-up: 3:30 p.m.      March In: 4:00 p.m.  
Timed Warm-up: 4:05 p.m.      Awards: 7:00 p.m.

#### Participating Clubs:

Level 7: Aftershock (CA), Aspire (AZ), Columbia (MD), Desert Thunder (AZ), Flip City (AZ), Gym World NW (AZ), Mid-America (IN), Prestige (AZ), Southwest (AZ), Springs (AZ), Summit (AZ), Xtreme (AZ)  
Level Xcel: AZ Sunrays (AZ), Gold Medal Gym (AZ), Mid-America (IN), Seawind (CA), Springs (AZ), Xtreme (AZ)

### Team Grand Finale

Open Warm-up: 7:30 p.m.      March In: 8:00 p.m.

This special event is open to Optional Teams represented by all four Levels. Best case scenario, your team will compete with one gymnast from Level 7, Level 8, Level 9, and Level 10.

Event and Team Champions will be awarded after the Finale. This is a FUN event! Coaches will receive more information about this event once you arrive to the meet. Gymnast registration for this event is included in your initial meet entry. Watch for more information in the meet packet coming soon!

## Sunday, January 15, 2012

### Session 7 : Level 5/6

Open Warm-up: 8:00 a.m.      March In: 8:20 a.m.  
Timed Warm-up: 8:25 a.m.      Awards: 10:45 a.m.

Participating Clubs:      Level 5:      Flip Factory (ID), Gym World NW (AZ), Mid-America (IN), Precision (NM), Seawind (CA), TRC Gym (CA)

Level 6:      AZ Olympians (AZ), Arrowhead (AZ), Desert Thunder (AZ), Diamondbacks (AZ), Gold Medal Gym (AZ), Gym World NW (AZ), Precision (NM), Scottsdale (AZ), Seawind (CA), Summit (CA), TRC Gym (CA)

### Session 8 : Level 4

Open Warm-up: 11:00 a.m.      March In: 11:20 a.m.  
Timed Warm-up: 11:25 a.m.      Awards: 2:00 p.m.

Participating Clubs:      Level 4:      Arrowhead (AZ), Desert Thunder (AZ), Diamondbacks (AZ), Flip Factory (ID), Gym World NW (AZ), Huntley (IL), Mid-America (IN), Seawind (CA), Southwest (AZ), TRC Gym (CA)

### Session 9 : Level 4

Open Warm-up: 2:15 p.m.      March In: 2:35 p.m.  
Timed Warm-up: 2:40 p.m.      Awards: 5:15 p.m.

Participating Clubs:      Level 4:      Gold Medal Gym (AZ), Oasis (AZ), Scottsdale (AZ), Springs (AZ), Summit (AZ), Xtreme (AZ)

### Session 10 : Level 5

Open Warm-up: 5:30 p.m.      March In: 5:50 p.m.  
Timed Warm-up: 6:00 p.m.      Awards: 9:00 p.m.

Participating Clubs:      Level 5:      Arrowhead (AZ), Desert Thunder (AZ), Diamondbacks (AZ), Gold Medal Gym (AZ), Oasis (AZ), Scottsdale (AZ), Southwest (AZ), Springs (AZ), Summit (AZ), Xtreme (AZ)